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# Massages

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## Basic

	partial	whole body
Hand or foot massage . . . . .	30 mins / 60 zł	
Slimming anti-cellulite massage . . . . .	30 mins / 70 zł	
Therapeutic massage . . . . .	30 mins / 75 zł	
Head and ear massage . . . . .	30 mins / 75 zł	
Combo massage (back and legs) . . . . .	35 mins / 90 zł	
Face, neck and head massage . . . . .	35 mins / 90 zł	
Partial lymphatic drainage (legs or shoulders) . . . . .	35 mins / 90 zł	
Classic massage . . . . .	30 mins / 75 zł	50 mins / 119 zł
Mums-to-be massage . . . . .	30 mins / 75 zł	50 mins / 119 zł
Relaxing massage . . . . .	30 mins / 75 zł	50 mins / 119 zł
Aromatic massage with essential oils . . . . .	30 mins / 85 zł	50 mins / 135 zł

## Exotic

Honey massage . . . . .	30 mins / 70 zł	
Chinese cupping massage . . . . .	30 mins / 70 zł	50 mins / 119 zł
Idyllic Beach massage . . . . .	30 mins / 85 zł	50 mins / 130 zł
Ecospa coconut massage . . . . .	30 mins / 85 zł	50 mins / 130 zł
Shea butter massage . . . . .	30 mins / 85 zł	50 mins / 130 zł
Cocoa butter massage . . . . .	30 mins / 85 zł	50 mins / 130 zł
La Stone hot stone massage . . . . .	30 mins / 85 zł	60 mins / 160 zł
Lava shell massage . . . . .		60 mins / 160 zł

Total treatment time includes: preparation, the treatment itself and a short downtime period following the treatment.  
We kindly ask you to arrive 5-10 minutes before your appointment is scheduled to start.

# Body and rituals

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## Body scrubs

Acai Berry Scrub – ultra moisturising treatment .....	30 mins / 79 zł
Exotic scrub – freshening treatment .....	30 mins / 79 zł
Cappuccino scrub – energising treatment .....	30 mins / 79 zł

## Treatments

Pearl Glow – tummy, buttock and thigh modelling treatment – NEW! .....	25 mins / 135 zł
Velvet Smoothness – moisturising and cellulite reducing treatment – NEW! .....	50 mins / 160 zł
Manual cleansing back treatment .....	max 90 mins / 150 zł
Antistress Treatment for men (back and neck) .....	50 mins / 155 zł
Red Wine – rejuvenating and firming treatment .....	60 mins / 160 zł

## Rituals

Moroccan ritual .....	30 mins / 85 zł
Basalt Heat Ritual – stress-relieving warming and relaxing treatment .....	60 mins / 130 zł
Ritual (optional: Coconut shell ritual, Royal bamboo ritual, Wacapou stones ritual, Heavenly balls ritual Yin i Yang) .....	50 mins / 130 zł
Odyssey – exclusive anti-aging ritual .....	60 mins / 170 zł
Chocolate Ritual – an aromatic wellness ritual to stimulate the senses .....	105 mins / 195 zł
Hamam Ritual .....	max 190 mins / 159 zł / 1 per.
.....	max 190 mins / 250 zł / 2 per.

Total treatment time includes: preparation, the treatment itself and a short downtime period following the treatment.  
We kindly ask you to arrive 5-10 minutes before your appointment is scheduled to start.

# Face

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Beauty consultation, skin diagnosis and individual care programme ..... 10 mins / 40 zł

## Express treatments

Purifying mask – a short cleansing treatment for oily and combination skins ..... 30 mins / ~~79 zł~~ 67 zł  
Moisturizing mask – short moisturizing treatment ..... 30 mins / ~~79 zł~~ 67 zł  
Apricot face mask – a short refreshing skin treatment ..... 30 mins / ~~79 zł~~ 67 zł  
Firming mask – quick firming treatment ..... 30 mins / ~~79 zł~~ 67 zł  
Brightening mask – a short treatment for sensitive skin with redness ..... 30 mins / ~~79 zł~~ 67 zł

## Cosmetic facial massages

Nourishing massage – quick treatment for dry skin ..... 30 mins / ~~79 zł~~ 67 zł  
Firming massage – quick treatment for mature skin ..... 30 mins / ~~79 zł~~ 67 zł  
Cleansing massage – quick treatment for oily skins ..... 30 mins / ~~79 zł~~ 67 zł

## Académie basic treatments

Crystal Clear – treatment for problem skin ..... 50 mins / ~~139 zł~~ 118 zł  
Gentle Touch – nourishing treatment ..... 50 mins / ~~139 zł~~ 118 zł  
Floral Meadow – treatment for the first appearance of wrinkles ..... 50 mins / ~~139 zł~~ 118 zł  
Honey Temptation – moisturising treatment with hyaluronic acid ..... 50 mins / ~~139 zł~~ 118 zł  
Tea Garden – anti-aging treatment with coenzyme Q10 ..... 50 mins / ~~139 zł~~ 118 zł  
Flowering Linden – capillary reduction treatment ..... 50 mins / ~~139 zł~~ 118 zł  
Apricot Calm – anti-stress treatment ..... 50 mins / ~~139 zł~~ 118 zł  
Golden Firming – firming treatment ..... 50 mins / ~~139 zł~~ 118 zł  
Energising and cleansing treatment for men ..... 50 mins / ~~139 zł~~ 118 zł

Total treatment time includes: preparation, the treatment itself and a short downtime period following the treatment.

Mandelic acid .....	45 mins / <del>100 zł</del>	85 zł
Manual cleansing face treatment .....	max 90 mins / <del>150 zł</del>	127 zł

## Ultrasound with ampoule

- face .....	60 mins / <del>130 zł</del>	110 zł
- neck .....	40 mins / <del>130 zł</del>	110 zł
- neckline .....	40 mins / <del>130 zł</del>	110 zł
- face, neck .....	70 mins / <del>180 zł</del>	153 zł
- face, neckline .....	70 mins / <del>180 zł</del>	153 zł
- neck, neckline .....	60 mins / <del>180 zł</del>	153 zł
- face, neck, neckline .....	80 mins / <del>240 zł</del>	204 zł

## Académie specialist treatments

Anti-wrinkle treatment for the eye area .....	35 mins / <del>125 zł</del>	106 zł
Modelling mask – anti-aging treatment .....	80 mins / <del>185 zł</del>	157 zł
Treatment with vitamin C – firming treatment .....	80 mins / <del>269 zł</del>	228 zł
Collagen mask – anti-wrinkle treatment .....	80 mins / <del>295 zł</del>	250 zł

When you purchase a beauty treatment, get a beauty consultation and skin diagnosis FREE!

## Baths

Cleopatra bath with a glass of wine .....	50 mins /	110 zł
Cleopatra bath with a glass of wine for Two .....	50 mins /	145 zł
Rose bath with a glass of wine for Two .....	50 mins /	145 zł

Total treatment time includes: preparation, the treatment itself and a short downtime period following the treatment.  
We kindly ask you to arrive 5-10 minutes before your appointment is scheduled to start.

# Teen treatments

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## Express treatments

Apricot mask .....	30 mins / 79 zł
Brightening mask .....	30 mins / 79 zł
Cleansing mask .....	30 mins / 79 zł
Moisturizing mask .....	30 mins / 79 zł

## Basic facials

Manual cleansing .....	max 90 mins / 150 zł
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## Massages

Aromatherapy back massage .....	30 mins / 75 zł
Relaxing back massage .....	30 mins / 75 zł
Cocoa butter back massage .....	30 mins / 75 zł
Shea butter back massage .....	30 mins / 75 zł

Treatments are for 13-year-olds and above. Written permission is required from a parent or legal guardian.

Total treatment time includes: preparation, the treatment itself and a short downtime period following the treatment.

We kindly ask you to arrive 5-10 minutes before your appointment is scheduled to start.

# Aesthetic cosmetics

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## NO-NEEDLE MESOTHERAPY

### Wrinkle and lifting treatment

- face .....	50 mins / 200 zł
- neck .....	45 mins / 200 zł
- face and neck .....	90 mins / 280 zł

### Firming and anti-cellulite treatment

- on selected part of the body* .....	from 50 mins / 185 zł
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### Fat reduction

- on selected part of the body* .....	from 40 mins / from 190 zł
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Multipass for five treatments for the price of four!

### Endermology

Single treatment .....	45 mins / 140 zł
Costume .....	100 zł

Multipass for ten treatments for the price of nine!

Free treatment wear with multipass!

Note: Requires prior assessment by a beauty therapist.

Total treatment time includes: preparation, the treatment itself and a short downtime period following the treatment.

We kindly ask you to arrive 5-10 minutes before your appointment is scheduled to start.

\*Prices and treatment times are calculated on an individual basis, following beauty consultation.

# MICRODERMABRASION

## WELLNESS LIFT

### Microdermabrasion (corundum) with collagen mask

- neckline .....	60 mins / 190 zł
- neck .....	60 mins / 190 zł
- face .....	95 mins / 220 zł
- face and neck .....	120 mins / 290 zł
- face and neckline .....	120 mins / 290 zł
- neck and neckline .....	90 mins / 290 zł
- neck, face and neckline .....	140 mins / 350 zł

## REVIDERM SUPER PEEL

### Microdermabrasion (corundum)

- neckline .....	40 mins / 130 zł
- neck .....	40 mins / 130 zł
- face .....	65 mins / 140 zł
- face and neck .....	90 mins / 190 zł
- face and neckline .....	80 mins / 190 zł
- neck and neckline .....	70 mins / 190 zł
- neck, face and neckline .....	100 mins / 290 zł

## REVIDERM SUPER PEEL

### Microdermabrasion (corundum) with nourishing ampoule

- neckline .....	60 mins / 190 zł
- neck .....	60 mins / 190 zł
- face .....	85 mins / 220 zł
- face and neck .....	110 mins / 290 zł
- face and neckline .....	90 mins / 290 zł
- neck and neckline .....	90 mins / 290 zł
- neck, face and neckline .....	130 mins / 350 zł

Multipass for five treatments for the price of four!

Note: Requires prior assessment by a beauty therapist.

Total treatment time includes: preparation, the treatment itself and a short downtime period following the treatment.

We kindly ask you to arrive 5-10 minutes before your appointment is scheduled to start.

# LASER IPL

## Skin discoloration removal

- on selected part of the body\* ..... from 10 mins / from 50 zł  
*single blood vessel*

## Vascular lesion reduction

- on selected part of the body\* ..... from 30 mins / from 50 zł  
*single blood vessel*

## Permanent hair removal

- on selected part of the body\* ..... from 15 mins / from 150 zł

## Photo rejuvenation

- on selected part of the body\* ..... from 30 mins / from 250 zł

Multipass for five IPL treatments for the price of four!

Note: Requires prior assessment by a beauty therapist.

Total treatment time includes: preparation, the treatment itself and a short downtime period following the treatment.

We kindly ask you to arrive 5-10 minutes before your appointment is scheduled to start.

\*Prices and treatment times are calculated on an individual basis, following beauty consultation.

# Complementary cosmetics

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Brow or lash henna .....	20 mins / 15 zł
Brow contouring .....	25 mins / 15 zł
Lash and brow henna with contouring .....	40 mins / 40 zł

## Sugaring hair-removal treatment:

- upper lip .....	15 mins / 30 zł
- chin .....	15 mins / 30 zł
- full face .....	30 mins / 50 zł
- underarms .....	40 mins / 70 zł
- chest .....	45 mins / 70 zł
- arms .....	40 mins / 85 zł
- calves or thighs .....	50 mins / 90 zł
- classic bikini .....	50 mins / 90 zł
- french bikini .....	60 mins / 110 zł
- back .....	70 mins / 110 zł
- full leg .....	80 mins / 120 zł

## Waxing:

- upper lip .....	10 mins / 15 zł
- chin .....	15 mins / 25 zł
- full face .....	25 mins / 35 zł
- bikini, underarm or hand .....	30 mins / 50 zł
- calves or thighs .....	40 mins / 55 zł
- chest .....	45 mins / 60 zł
- back .....	60 mins / 80 zł
- full legs .....	80 mins / 100 zł

Paraffin hand treatment .....	30 mins / 45 zł
Paraffin foot treatment .....	30 mins / 55 zł

Total treatment time includes: preparation, the treatment itself and a short downtime period following the treatment.  
We kindly ask you to arrive 5-10 minutes before your appointment is scheduled to start.

## Manicure and Pedicure

Standard nail painting .....	20 mins / 15 zł
French manicure .....	20 mins / 25 zł
Manicure .....	30 mins / 50 zł
Manicure Spa .....	60 mins / 80 zł
Hybrid removal + manicure .....	60 mins / 80 zł
Hybrid manicure .....	75 mins / 90 zł
Pedicure .....	70 mins / 90 zł
Pedicure Spa .....	90 mins / 110 zł
Hybrid removal + pedicure .....	100 mins / 110 zł
Hybrid pedicure .....	120 mins / 150 zł
Manicure and pedicure .....	100 mins / 120 zł
Manicure and pedicure with nail painting .....	130 mins / 155 zł
Hybrid manicure + pedicure .....	195 mins / 195 zł

Total treatment time includes: preparation, the treatment itself and a short downtime period following the treatment.  
We kindly ask you to arrive 5-10 minutes before your appointment is scheduled to start.

# Wellness Zone

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1 hour .....	28 zł
2 hours .....	49 zł
Open - without time limitations.....	59 zł

## Multipass

4 entries x 1 hour .....	90 zł
10 entries x 1 hour .....	209 zł
4 entries x 2 hours .....	160 zł
10 entries x 2 hours .....	350 zł

Ticket valid 3 months

Open - without time limitations, single entry per day .....	149 zł
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Ticket valid 1 month

# Fit Zone

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Single entry Open (without time limitations) .....	20 zł
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## Multipass

4 entries x 1 hour .....	70 zł
10 entries x 1 hour .....	160 zł

Ticket valid 3 months

Open Fitness Zone - without time limitations (single entry per day).....	99 zł
Open Fit & Spa - without time limitations (single entry per day for Fitness Zone and Wellness Zone) .....	219 zł

Ticket valid 1 month