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Massages

Basic

	partial	whole body
Hand or foot massage	30 mins / 60 zł	
Slimming anti-cellulite massage	30 mins / 70 zł	
Therapeutic massage	30 mins / 75 zł	
Head and ear massage	30 mins / 75 zł	
Combo massage (back and legs)	35 mins / 90 zł	
Face, neck and head massage	35 mins / 90 zł	
Partial lymphatic drainage (legs or shoulders)	35 mins / 90 zł	
Classic massage	30 mins / 75 zł	50 mins / 119 zł
Mums-to-be massage	30 mins / 75 zł	50 mins / 119 zł
Relaxing massage	30 mins / 75 zł	50 mins / 119 zł
Aromatic massage with essential oils	30 mins / 85 zł	50 mins / 135 zł

Exotic

Honey massage	30 mins / 70 zł	
Chinese cupping massage	30 mins / 70 zł	50 mins / 119 zł
Idyllic Beach massage	30 mins / 85 zł	50 mins / 130 zł
Ecospa coconut massage	30 mins / 85 zł	50 mins / 130 zł
Shea butter massage	30 mins / 85 zł	50 mins / 130 zł
Cocoa butter massage	30 mins / 85 zł	50 mins / 130 zł
La Stone hot stone massage	30 mins / 85 zł	60 mins / 160 zł
Lava shell massage		60 mins / 160 zł

Total treatment time includes: preparation, the treatment itself and a short downtime period following the treatment.
We kindly ask you to arrive 5-10 minutes before your appointment is scheduled to start.

Body and rituals

Body scrubs

Acai Berry Scrub – ultra moisturising treatment	30 mins / 79 zł
Exotic scrub – freshening treatment	30 mins / 79 zł
Cappuccino scrub – energising treatment	30 mins / 79 zł

Treatments

Pearl Glow – tummy, buttock and thigh modelling treatment – NEW!	25 mins / 135 zł
Velvet Smoothness – moisturising and cellulite reducing treatment – NEW!	50 mins / 160 zł
Manual cleansing back treatment	max 90 mins / 150 zł
Antistress Treatment for men (back and neck)	50 mins / 155 zł
Red Wine – rejuvenating and firming treatment	60 mins / 160 zł

Rituals

Moroccan ritual	30 mins / 85 zł
Basalt Heat Ritual – stress-relieving warming and relaxing treatment	60 mins / 130 zł
Ritual (optional: Coconut shell ritual, Royal bamboo ritual, Wacapou stones ritual, Heavenly balls ritual Yin i Yang)	50 mins / 130 zł
Odyssey – exclusive anti-aging ritual	60 mins / 170 zł
Chocolate Ritual – an aromatic wellness ritual to stimulate the senses	105 mins / 195 zł
Hamam Ritual	max 190 mins / 159 zł / 1 per.
.....	max 190 mins / 250 zł / 2 per.

Total treatment time includes: preparation, the treatment itself and a short downtime period following the treatment.
We kindly ask you to arrive 5-10 minutes before your appointment is scheduled to start.

Face

Beauty consultation, skin diagnosis and individual care programme 10 mins / 40 zł

Express treatments

Purifying mask – a short cleansing treatment for oily and combination skins 30 mins / 79 zł
Moisturizing mask – short moisturizing treatment 30 mins / 79 zł
Apricot face mask – a short refreshing skin treatment 30 mins / 79 zł
Firming mask – quick firming treatment 30 mins / 79 zł
Brightening mask – a short treatment for sensitive skin with redness 30 mins / 79 zł

Cosmetic facial massages

Nourishing massage – quick treatment for dry skin 30 mins / 79 zł
Firming massage – quick treatment for mature skin 30 mins / 79 zł
Cleansing massage – quick treatment for oily skins 30 mins / 79 zł

Académie basic treatments

Crystal Clear – treatment for problem skin 50 mins / 139 zł
Gentle Touch – nourishing treatment 50 mins / 139 zł
Floral Meadow – treatment for the first appearance of wrinkles 50 mins / 139 zł
Honey Temptation – moisturising treatment with hyaluronic acid 50 mins / 139 zł
Tea Garden – anti-aging treatment with coenzyme Q10 50 mins / 139 zł
Flowering Linden – capillary reduction treatment 50 mins / 139 zł
Apricot Calm – anti-stress treatment 50 mins / 139 zł
Golden Firming – firming treatment 50 mins / 139 zł
Energising and cleansing treatment for men 50 mins / 139 zł

Total treatment time includes: preparation, the treatment itself and a short downtime period following the treatment.
We kindly ask you to arrive 5-10 minutes before your appointment is scheduled to start.

Mandelic acid	45 mins / 100 zł
Manual cleansing face treatment	max 90 mins / 150 zł

Ultrasound with ampoule

- face	60 mins / 130 zł
- neck	40 mins / 130 zł
- neckline	40 mins / 130 zł
- face, neck	70 mins / 180 zł
- face, neckline	70 mins / 180 zł
- neck, neckline	60 mins / 180 zł
- face, neck, neckline	80 mins / 240 zł

Académie specialist treatments

Anti-wrinkle treatment for the eye area	35 mins / 125 zł
Modelling mask – anti-aging treatment	80 mins / 185 zł
Treatment with vitamin C – firming treatment	80 mins / 269 zł
Collagen mask – anti-wrinkle treatment	80 mins / 295 zł

When you purchase a beauty treatment, get a beauty consultation and skin diagnosis FREE!

Baths

Cleopatra bath with a glass of wine	50 mins / 110 zł
Cleopatra bath with a glass of wine for Two	50 mins / 145 zł
Rose bath with a glass of wine for Two	50 mins / 145 zł

Total treatment time includes: preparation, the treatment itself and a short downtime period following the treatment.
We kindly ask you to arrive 5-10 minutes before your appointment is scheduled to start.

Teen treatments

Express treatments

Apricot mask	30 mins / 79 zł
Brightening mask	30 mins / 79 zł
Cleansing mask	30 mins / 79 zł
Moisturizing mask	30 mins / 79 zł

Basic facials

Manual cleansing	max 90 mins / 150 zł
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Massages

Aromatherapy back massage	30 mins / 75 zł
Relaxing back massage	30 mins / 75 zł
Cocoa butter back massage	30 mins / 75 zł
Shea butter back massage	30 mins / 75 zł

Treatments are for 13-year-olds and above. Written permission is required from a parent or legal guardian.
Total treatment time includes: preparation, the treatment itself and a short downtime period following the treatment.
We kindly ask you to arrive 5-10 minutes before your appointment is scheduled to start.

Aesthetic cosmetics

NO-NEEDLE MESOTHERAPY

Wrinkle and lifting treatment

- face	50 mins / 200 zł
- neck	45 mins / 200 zł
- face and neck	90 mins / 280 zł

Firming and anti-cellulite treatment

- on selected part of the body*	from 50 mins / 185 zł
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Fat reduction

- on selected part of the body*	from 40 mins / from 190 zł
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Multipass for five treatments for the price of four!

Endermology

Single treatment	45 mins / 140 zł
Costume	100 zł

Multipass for ten treatments for the price of nine!

Free treatment wear with multipass!

Note: Requires prior assessment by a beauty therapist.

Total treatment time includes: preparation, the treatment itself and a short downtime period following the treatment.

We kindly ask you to arrive 5-10 minutes before your appointment is scheduled to start.

*Prices and treatment times are calculated on an individual basis, following beauty consultation.

MICRODERMABRASION

WELLNESS LIFT

Microdermabrasion (corundum) with collagen mask

- neckline	60 mins / 190 zł
- neck	60 mins / 190 zł
- face	95 mins / 220 zł
- face and neck	120 mins / 290 zł
- face and neckline	120 mins / 290 zł
- neck and neckline	90 mins / 290 zł
- neck, face and neckline	140 mins / 350 zł

REVIDERM SUPER PEEL

Microdermabrasion (corundum)

- neckline	40 mins / 130 zł
- neck	40 mins / 130 zł
- face	65 mins / 140 zł
- face and neck	90 mins / 190 zł
- face and neckline	80 mins / 190 zł
- neck and neckline	70 mins / 190 zł
- neck, face and neckline	100 mins / 290 zł

REVIDERM SUPER PEEL

Microdermabrasion (corundum) with nourishing ampoule

- neckline	60 mins / 190 zł
- neck	60 mins / 190 zł
- face	85 mins / 220 zł
- face and neck	110 mins / 290 zł
- face and neckline	90 mins / 290 zł
- neck and neckline	90 mins / 290 zł
- neck, face and neckline	130 mins / 350 zł

Multipass for five treatments for the price of four!

Note: Requires prior assessment by a beauty therapist.

Total treatment time includes: preparation, the treatment itself and a short downtime period following the treatment.

We kindly ask you to arrive 5-10 minutes before your appointment is scheduled to start.

LASER IPL

Skin discoloration removal

- on selected part of the body* from 10 mins / from 50 zł
single blood vessel

Vascular lesion reduction

- on selected part of the body* from 30 mins / from 50 zł
single blood vessel

Permanent hair removal

- on selected part of the body* from 15 mins / from 150 zł

Photo rejuvenation

- on selected part of the body* from 30 mins / from 250 zł

Multipass for five IPL treatments for the price of four!

Note: Requires prior assessment by a beauty therapist.

Total treatment time includes: preparation, the treatment itself and a short downtime period following the treatment.

We kindly ask you to arrive 5-10 minutes before your appointment is scheduled to start.

*Prices and treatment times are calculated on an individual basis, following beauty consultation.

Complementary cosmetics

Brow or lash henna	20 mins / 15 zł
Brow contouring	25 mins / 15 zł
Lash and brow henna with contouring	40 mins / 40 zł

Sugaring hair-removal treatment:

- upper lip	15 mins / 30 zł
- chin	15 mins / 30 zł
- full face	30 mins / 50 zł
- underarms	40 mins / 70 zł
- chest	45 mins / 70 zł
- arms	40 mins / 85 zł
- calves or thighs	50 mins / 90 zł
- classic bikini	50 mins / 90 zł
- french bikini	60 mins / 110 zł
- back	70 mins / 110 zł
- full leg	80 mins / 120 zł

Waxing:

- upper lip	10 mins / 15 zł
- chin	15 mins / 25 zł
- full face	25 mins / 35 zł
- bikini, underarm or hand	30 mins / 50 zł
- calves or thighs	40 mins / 55 zł
- chest	45 mins / 60 zł
- back	60 mins / 80 zł
- full legs	80 mins / 100 zł

Paraffin hand treatment	30 mins / 45 zł
Paraffin foot treatment	30 mins / 55 zł

Total treatment time includes: preparation, the treatment itself and a short downtime period following the treatment.
We kindly ask you to arrive 5-10 minutes before your appointment is scheduled to start.

Manicure and Pedicure

Standard nail painting	20 mins / 15 zł
French manicure	20 mins / 25 zł
Manicure	30 mins / 50 zł
Manicure Spa	60 mins / 80 zł
Hybrid removal + manicure	60 mins / 80 zł
Hybrid manicure	75 mins / 90 zł
Pedicure	70 mins / 90 zł
Pedicure Spa	90 mins / 110 zł
Hybrid removal + pedicure	100 mins / 110 zł
Hybrid pedicure	120 mins / 150 zł
Manicure and pedicure	100 mins / 120 zł
Manicure and pedicure with nail painting	130 mins / 155 zł
Hybrid manicure + pedicure	195 mins / 195 zł

Total treatment time includes: preparation, the treatment itself and a short downtime period following the treatment.
We kindly ask you to arrive 5-10 minutes before your appointment is scheduled to start.

Wellness Zone

1 hour	28 zł
2 hours	49 zł
Open - without time limitations.....	59 zł

Multipass

4 entries x 1 hour	90 zł
10 entries x 1 hour	209 zł
4 entries x 2 hours	160 zł
10 entries x 2 hours	350 zł

Ticket valid 3 months

Open - without time limitations, single entry per day	149 zł
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Ticket valid 1 month

Fit Zone

Single entry Open (without time limitations)	20 zł
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Multipass

4 entries x 1 hour	70 zł
10 entries x 1 hour	160 zł

Ticket valid 3 months

Open Fitness Zone - without time limitations (single entry per day).....	99 zł
Open Fit & Spa - without time limitations (single entry per day for Fitness Zone and Wellness Zone)	219 zł

Ticket valid 1 month